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REVIEW ARTICLE

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A REVIEW ON PRIYA NIGHANTU

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ABSTRACT:

The word *Nighantu*(lexicon) means a traditional collection of words, grouped into thematic categories, often with brief annotations. In the field of *Dravyaguna Nighantu* is one of the important classical texts. In ancient period of *Samhita* there was less morphological description of plants but after introduction of *Nighantu* it was like a big change in the field of *Dravyaguna Vigyana*. *Ayurveda Nighantu* is actually traditional collection of words with actions and properties (*Rasadi Guna*) of drugs. Ayurveda treatment possesses herbal, mineral, animal origin products which mainly take part in the treatment of various health ailments. *Priya Nighantu* is one of them and is a 21st-century lexicon in *Ayurvedic Materia medica*. The author of this lexicon is *Acharya Shri Priyavat Sharmaji*. In comparison to other *Nighantu* *Priya Nighantu* is Very easy and simple to understand and clarify many doubts come across the classical *Nighantu*. The *Nighantu* is divided into 13 sections named as *Vargas*, viz; *Haritakyadi Varga*, *Pippalyadi Varga*, *Shatapushpadi Varga*, *Sharadi Varga*, *Kasturyadi Varga*, *Suvarnadi Varga*, *Shaka Varga*, *Phala Varga*, *Mamsa Varga*, *Dhanya Varga*, *Kritanna Varga*, *Drava Varga*, *Dravyadi Varga*. Here an attempt is made to elaborate on each drug and its therapeutic application in various health ailments.

Keywords: *Priya Nighantu, Ayurveda, Acharya Priya Vrit Sharmaji, Nighantu, Vargas*

INTRODUCTION:

Priya Nighantu is written by Acharya *Priyavat Sharmaji* in 21st century. He makes the *Nighantu* very simple and easy to understand and also clarifies many doubts related to synonyms and controversies. While screening the lexicon it has been noted that the author has covered all aspects of the medicinal plants, animal origin, and mineral origin drugs. One of the important things is that in *Nighantu Acharya Priyavat Sharma* has given vernacular name and Latin name for each drug.

In *Mangalacharana* (Starting of book) Acharya start with 'Namami Matapitaro' prayers to the *Mata-Pita*. Acharya gives the reason to write the *Priya Nighantu* that due to *Prabhava* of *Kalikala* ancient *Nighantu* are started to distorted so that *Acharya Priyavat Sharma* wrote *Priya Nighantu*, for easy understanding of Ayurveda and resolve controversies related to synonyms from other *Nighantu*. In this *Nighantu* he ignores controversial synonyms of drug and give only one to two synonyms for drug. For example, some drugs have the same synonyms which confuse with the other genuine one and the author removed the same synonyms and put single meaning synonyms to the drugs. He

mentioned that I'm describing the *Rupagyana* (Morphology) of plant which was *Upekshit* (Ignored) in *Purankala* (ancient era) thinking that it is *Anavashyaka* (Not important). Acharya didn't describe *Aamayika Prayoga* (therapeutics of drug) in detail but only mention specific use of drug.

The book which was referred to do review is "*Priya Nighantu*" along with the authors *Hindi* commentary entitled 'PADMA' and published by Chaukhamba Surbharati Prakashan, Varanasi in the year 2015. The book is in *Sanskrit* and *Hindi* language and contains 275 pages. Book contains Index, 13 chapters, Appendix of *Sanskrit* and *Hindi* names, English and latin names.

DISCUSSION:

The book is divided into 13 sections. Each section is named *Vargas*. Each *Varga* contains different number of drugs as mentioned in Table No. 1. The last *Varga Dravyadi Varga* explains various aspects of *Dravyaguna Vijanan* and the derivations of the pharmacological actions like *Lekahana*, *Rasayna*, *Vajikarana*, *Deepana*, etc.

Table No. 1: Name and Content of *Varga* from Priya Nighantu

No.	Name of Varga	Content
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1.	<i>Haritakyadi Varga</i>	115 medicinal plants
2.	<i>Pippalyadi Varga</i>	38 medicinal plants
3.	<i>Shatapushpadi Varga,</i>	114 medicinal plants
4.	<i>Sharadi Varga</i>	78 medicinal plants
5.	<i>Kasturyadi Varga</i>	17 -animal origin products
6.	<i>Suvarnadi Varga</i>	36- metals origin drugs
7.	<i>Shaka Varga</i>	54 types of vegetables
8.	<i>Phala Varga</i>	46 types of fruits
9.	<i>Mamsa Varga</i>	6 <i>Mamsa</i> - medicinal value of the meat-
10.	<i>Dhanya Varga</i>	29- cereals and pulses
11.	<i>Kritanna Varga</i>	47- medicinal recipes
12.	<i>Drava Varga</i>	22 types of liquids
13.	<i>Dravyadi Varga</i>	various aspects of <i>Dravyaguna Vigyana</i> and the derivations of the Pharmacological action

1. HARITAKYADI VARGA [1]

In Haritakyadi Varga total 115 drugs are described. Out of this 106 are single drugs and remaining 7 are *Mishraka Gana* – *Triphala, Brihat Panchamoola, Laghu*

Panchamoola, Dashmoola, Trijataka, Chaturjataka, Panchavalkala, Panchatikta, Karanjadwaya, Karanja traya, Panchamla. In this *Varga* mainly medicinal trees are described.

Table No. 2: Drug described in *Haritakyad Varga* – Priya Nighantu

<i>Haritaki</i>	<i>Lavanga</i>	<i>Karkatshrungi</i>	<i>Chandana</i>	<i>Goraksha</i>
<i>Aamalaki</i>	<i>Twaka</i>	<i>Katphala</i>	<i>Agaru</i>	<i>Hijjala</i>
<i>Vibhitaki</i>	<i>Ela</i>	<i>Hingu</i>	<i>Devdaru</i>	<i>Ankota</i>
<i>Bilva</i>	<i>Brihatela</i>	<i>Bhurja</i>	<i>Padmaka</i>	<i>Muchakunda</i>
<i>Kashmarya</i>	<i>Nagkeshara</i>	<i>Rudraksha</i>	<i>Guggulu</i>	<i>Japa</i>
<i>Patala</i>	<i>Talisa</i>	<i>Palasha</i>	<i>Jatiphala</i>	<i>Agatsya</i>
<i>Shyonaka</i>	<i>Udumbar</i>	<i>Shalmali</i>	<i>Rohitaka</i>	<i>Madhuka</i>
<i>Agnimantha</i>	<i>Vata</i>	<i>Shakhotaka</i>	<i>Babbula</i>	<i>Kadali</i>
<i>Shalaparni</i>	<i>Ashwattha</i>	<i>Varuna</i>	<i>Putrajivak</i>	<i>Narikela</i>
<i>Prishniparni</i>	<i>Plaksha</i>	<i>Shami</i>	<i>Ingudi</i>	<i>Kapittha</i>
<i>Brihati</i>	<i>Parisha</i>	<i>Saptaparna</i>	<i>Lodhra</i>	<i>Tinduka</i>

<i>Kantakari</i>	<i>Kakodumbar</i>	<i>Bakula</i>	<i>Aralu</i>	<i>Jambu</i>
<i>Gokshura</i>	<i>Shirisha</i>	<i>Ashoka</i>	<i>Shigru</i>	<i>Parushaka</i>
<i>Aaragwadh</i>	<i>Shal</i>	<i>Jayanti</i>	<i>Nirgundi</i>	<i>Dadima</i>
<i>Bhallataka</i>	<i>Shallaki</i>	<i>Karvira</i>	<i>Kushthghna</i>	<i>Beejapura</i>
<i>Vidanga</i>	<i>Sarala</i>	<i>Nimba</i>	<i>Karanja</i>	<i>Nimbuka</i>
<i>Tumbaru</i>	<i>Shinshapa</i>	<i>Mahanimba</i>	<i>Kantakikaranja</i>	<i>Amlika</i>
<i>Kutaja</i>	<i>Arjuna</i>	<i>Paribhadra</i>	<i>Chirbilva</i>	<i>Amlavetasa</i>
<i>Madana</i>	<i>Asana</i>	<i>Parijata</i>	<i>Shleshmantaka</i>	<i>Vrikshamla</i>
<i>Kampillaka</i>	<i>Khadira</i>	<i>Kanchanar</i>	<i>Kataka</i>	<i>Changeri</i>
<i>Karpura</i>	<i>Tuvaraka</i>	<i>Kovidara</i>	<i>Puga</i>	<i>Chukra</i>
<i>Arishtaka</i>				

Table No. 3: Mishraka Gana described in Haritakyadi Varga – Priya Nighantu

No.	Mishraka Gana	Content
1.	<i>Triphala -</i>	<i>Haritaki, Bibhitaki, Amalaki</i>
2.	<i>Brihat Panchamoola</i>	<i>Bilva, Kashmarya, Patala, Shyonaka, Agnimantha</i>
3.	<i>Laghu Panchamoola</i>	<i>Shalaparni, Prishniparni, Brihati, Kantakari, Gokshura</i>
4.	<i>Dashmoola</i>	<i>Brihat Panchamula and Laghu Panchamula</i>
5.	<i>Trijataka/ Chaturjataka</i>	<i>Twak, Ela, Patra, Nagakeshara</i>
6.	<i>Kshirivriksha Panchaka / Panchavalkal</i>	<i>Udumbar, Vata, Ashwattha, Plaksha, Parisha</i>
7.	<i>Panchatikta & Aparapanchatikta</i>	1) <i>Nimba, Amruta, Vasa, Patola, Kantakari</i> 2) <i>Guduchi, Vasa, Katuki, Kirata Tikta, Nimba</i>
8.	<i>Karanja Dwaya/ Karanja Traya</i>	1) <i>Naktamala, Putika</i> 2) <i>Naktamala, Putika, Latakaranja</i>
9.	<i>Panchamla -</i>	<i>Badara, Dadima, Vrikshmla, Changeri, Chukrika</i>

In this *Varga* some specific detail about some drug is mentioned and some new drugs are added as mentioned in Table No.4

Table No. 4: Detail of some drugs from Haritakyadi Varga – Priya Nighantu

No.	Sanskrit Name	Context
1.	<i>Aamalaki</i>	Collection time and characteristics are mentioned

2.	<i>Tumbaru</i>	<i>Nepalidhanyaka</i> – used in <i>Mukharoga</i>
3.	<i>Jatipatri</i>	<i>Pittavarna beejavritti</i> - <i>Mukhadaurgandhyanashaka</i>
4.	<i>Twak</i>	<i>Cinnamomum tamala</i> - Bark
5.	<i>Naluka</i>	<i>Cinnamomum cassia</i> – Thin bark
6.	<i>Darusita</i>	<i>Cinnamomum zeylanica</i> – Thick bark than <i>Twak</i>
7.	<i>Aralu</i>	Synonym - <i>Ashwanimba</i>
8.	<i>Katphala</i>	<i>Twak Churna Nasya</i> – <i>Shirogaurava</i> and <i>Durantapeenasa</i>
9.	<i>Shakhotaka</i>	<i>Prabhava</i> - <i>Shleepada hanti</i>
10.	<i>Nirgundi</i>	<i>Sindhuvara</i> - <i>Shweta pushpa</i> , <i>Nirgundi</i> - <i>Neelapushpa</i>
11.	<i>Kushthagha</i>	<i>Alectra parasitica</i> – <i>Nirgundimuljo Raktavitapa</i> , <i>Kushthanashana</i>

2. PIPPALYADI VARGA [2]

In *Pippalyadi Varga* 38 drugs are described. Out of which 36 are single drugs and 2 are *Mishraka Gana* – *Trikatu* and *Panchakola*.

Table No. 5: Drug described in *Pippalyadi Varga* – Priya Nighantu

<i>Pippali</i>	<i>Patalgarudi</i>	<i>Kapikachhu</i>	<i>Draksha</i>
<i>Maricha</i>	<i>Tambuli</i>	<i>Aparajita</i>	<i>Trapusha</i>
<i>Shunthi</i>	<i>Arkaparni</i>	<i>Patola</i>	<i>Karvellaka</i>
<i>Aardraka</i>	<i>Sariva</i>	<i>Gandhaprasarini</i>	<i>Vanbimbi</i>
<i>Chavya</i>	<i>Indravaruni</i>	<i>Ashtishrinkhala</i>	<i>Kushmanda</i>
<i>Chitrak</i>	<i>Trivritta</i>	<i>Devadali</i>	<i>Jyotishmati</i>
<i>Kankola</i>	<i>Shatavari</i>	<i>Masha</i>	<i>Manjishtha</i>
<i>Guduchi</i>	<i>Vidari</i>	<i>Kulattha</i>	<i>Ishwari</i>
<i>Patha/Rajapatha</i>	<i>Varahi</i>	<i>Vanyakulattha</i>	<i>Jati</i>

Table No. 6: *Mishraka Gana* described in *Pippalyadi Varga* – Priya Nighantu

No.	<i>Mishraka Gana</i>	Content
1.	<i>Trikatu</i>	<i>Pippali</i> , <i>Maricha</i> , <i>Shunthi</i>
2.	<i>Panchakola</i>	<i>Pippali</i> , <i>Maricha</i> , <i>Shunthi</i> , <i>Chavya</i> , <i>Chitraka</i>

In this *Varga* some specific detail about some drug is mentioned and some new drugs are added as mentioned in Table No.7

Table No. 7: Detail of some drugs from *Pippalyadi Varga* – Priya Nighantu

No.	Sanskrit Name	Context
1.	<i>Sariva</i>	2 types: <i>Sariva</i> & <i>Krishna Sariva</i>
2.	<i>Shatavari</i>	2 types: <i>Shatavari</i> & <i>Mahashatavari</i>
3.	<i>Vidari</i>	2 types: <i>Vidari</i> & <i>Kshiravidari</i>

3. SHATPUSHPADI VARGA [3]

Ashtavarga, Jeevaniyagana, Parnichatushtaya, Balapachaka.

In *Shatpushpadi Varga* 114 drugs are described. Out of which 107 are single drugs and 7 are *Mishraka Gana* – *Yavanitritraya, Vachachatushtaya, Trinapanchamoola,*

In this *Varga* mostly described drugs are spices.

Table No. 8: Drug described in *Shatpushpadi Varga* – Priya Nighantu

<i>Shatapushpa</i>	<i>Musta</i>	<i>Pashanabheda</i>	<i>Kalmegha</i>	<i>Yavasa</i>
<i>Madhurika</i>	<i>Vacha</i>	<i>Gorakshaganja</i>	<i>Sahdevi</i>	<i>Aakhukarni</i>
<i>Jeeraka</i>	<i>Hemavati</i>	<i>Maduka</i>	<i>Nahi</i>	<i>Kukundara</i>
<i>Krishnajeeraka</i>	<i>Kulanjana</i>	<i>Jivanti</i>	<i>Parpata</i>	<i>Bhumyamalaki</i>
<i>Aranyajeeraka</i>	<i>Dwipantaravacha</i>	<i>Mudgaparni</i>	<i>Vasa</i>	<i>Dronapushpi</i>
<i>Upakunchika</i>	<i>Aakarkarabha</i>	<i>Mashaparni</i>	<i>Bhringaraja</i>	<i>Manaka</i>
<i>Yavani</i>	<i>Sharpunkha</i>	<i>Kokilaksha</i>	<i>Kakamachi</i>	<i>Mulaka</i>
<i>Ajamoda</i>	<i>Swarnakshiri</i>	<i>Ashvagandha</i>	<i>Tulasi</i>	<i>Surana</i>
<i>Parsikayavani</i>	<i>Danti</i>	<i>Talamooli</i>	<i>Punarnava</i>	<i>Tanduliya</i>
<i>Parnayavani</i>	<i>Jaypala</i>	<i>Tila</i>	<i>Kumari</i>	<i>Vatsanabha</i>
<i>Dhanyaka</i>	<i>Swarnapatri</i>	<i>Garjara</i>	<i>Katuka</i>	<i>Karaskara</i>
<i>Methika</i>	<i>Krishnabeeja</i>	<i>Shankhapushpi</i>	<i>Mundi</i>	<i>Ahiphena</i>
<i>Pootiha</i>	<i>Ashwagola</i>	<i>Bramhi</i>	<i>Kandira</i>	<i>Dhatura</i>
<i>Rasona</i>	<i>Arka</i>	<i>Endri</i>	<i>Sarpagandha</i>	<i>Bhanga</i>
<i>Palandu</i>	<i>Snuhi</i>	<i>Hilamochika</i>	<i>Rasna</i>	<i>Gunja</i>
<i>Priyangu</i>	<i>Eranda</i>	<i>Sunishnaka</i>	<i>Bakuchi</i>	<i>Langali</i>
<i>Kushtha</i>	<i>Durva</i>	<i>Kshitivara</i>	<i>Chakramarda</i>	<i>Kebuka</i>
<i>Pushkar</i>	<i>Dhataki</i>	<i>Bhargi</i>	<i>Kasamarda</i>	<i>Sadanpushpa</i>
<i>Jatamamsi</i>	<i>Lajjalu</i>	<i>Bhudugdhika</i>	<i>Haridra</i>	<i>Vanatrapushi</i>

<i>Tagara</i>	<i>Mayaphala</i>	<i>Somakalpa</i>	<i>Daruharidra</i>	
<i>Kumkuma</i>	<i>Padma</i>	<i>Shati</i>	<i>Ativisha</i>	
<i>Ushira</i>	<i>Utpala</i>	<i>Kirattikta</i>	<i>Apamarga</i>	

Table No. 9: Mishraka Gana described in Shatapushpadi Varga – Priya Nighantu

No.	Mishraka Gana	Content
1.	<i>Yavanitritraya</i> ,	<i>Yavani, Ajamoda, Parasikayavani</i>
2.	<i>Vachachatushtaya</i> ,	<i>Vacha, Hemavati(Shweta Vacha), Kulanjana, Dwipantaravacha (Chopachini)</i>
3.	<i>Trinapanchamoola</i> ,	<i>Kusha, Kasha, Shara, Darbha, Ikshu</i>
4.	<i>Ashtavarga</i> ,	<i>Jeevaka, Rishabhaka, Meda, Mahameda, Ridhhi, Vridhhi, Kakoli, Kshirakakoli</i>
5.	<i>Jeevaniyagana</i> ,	<i>Jeevaka, Rishabhaka, Meda, Mahameda, Ridhhi, Vridhhi, Kakoli, Kshirakakoli, Madhuka, Jivanti, Mudgaparni, Mashaparni</i>
6.	<i>Parnichatushtaya</i> ,	<i>Shalaparni, Prishniparni, Mudgaparni, Mashaparni</i>
7.	<i>Balapachaka</i>	<i>Bala, Atibala, Mahabala, Nagabala, Rajabala</i>

Table No. 10: Detail of some drugs from Shatapushpadi Varga – Priya Nighantu

No.	Sanskrit Name	Context
1.	<i>Jeeraka</i>	<i>Jeeraka, Krishnajeeraka, Aranyaajeeraka</i>
2.	<i>Talamooli</i>	<i>Curculigo orchioides, Syn. – Krishnamushali, Talaparnika</i>
3.	<i>Hilamochika</i>	<i>Enhydra fluctuans</i>
4.	<i>Mundi</i>	<i>Sphaeranthus indicus</i>
5.	<i>Manaka</i>	<i>Alocasia indica, Syn.- Manakanda, Mahapatra</i>
6.	<i>Vanatrapushi</i>	<i>Podophyllum hexandrum</i>

4. SHARADI VARGA [4]

and 4 *Mishraka Varga – Chaturushana*,

In *Sharai Varga* 78 drugs are described. Out of which 74 are single drugs

Shadushana, Saptoshana and Chaturbeeja.

Table No. 11: Drug described in Sharadi Varga – Priya Nighantu

<i>Shara</i>	<i>Silhaka</i>	<i>Matsyakshi</i>	<i>Bandhujeeva</i>
<i>Kasha</i>	<i>Shaileya</i>	<i>Sarpakshi</i>	<i>Buk</i>

<i>Kusha</i>	<i>Karchoora</i>	<i>Tilaparni</i>	<i>Kadamba</i>
<i>Darbha</i>	<i>Bhootakeshi</i>	<i>Jalapippali</i>	<i>Tilaka</i>
<i>Nala</i>	<i>Mamsarohini</i>	<i>Gojihwa</i>	<i>Kadara</i>
<i>Rohisham</i>	<i>Chilhaka</i>	<i>Kshawaka</i>	<i>Irimeda</i>
<i>Bhustrina</i>	<i>Vetasa</i>	<i>Mayurshikha</i>	<i>Jingini</i>
<i>Eraka</i>	<i>Jalavetasa</i>	<i>Jalakumbhi</i>	<i>Veerataru</i>
<i>Ashvabala</i>	<i>Karpasi</i>	<i>Shaivala</i>	<i>Tamala</i>
<i>Chandrashoora</i>	<i>Mushali</i>	<i>Gulaba</i>	<i>Tooni</i>
<i>Hapusha</i>	<i>Vridhhadaru</i>	<i>Mallika</i>	<i>Dhava</i>
<i>Nadihingu</i>	<i>Trayamana</i>	<i>Yuthika</i>	<i>Karira</i>
<i>Vamsha</i>	<i>Murva</i>	<i>Kunda</i>	<i>Kinihi</i>
<i>Vansharochana</i>	<i>Aavartaki</i>	<i>Champaka</i>	<i>Mushkaka</i>
<i>Elvaluka</i>	<i>Aavartani</i>	<i>Madhavi</i>	<i>Tinisha</i>
<i>Sprukka</i>	<i>Hansapadi</i>	<i>Ketaka</i>	<i>Shaka</i>
<i>Sthoneyaka</i>	<i>Somavalli</i>	<i>Marubaka</i>	<i>Charmivriksha</i>
<i>Choraka</i>	<i>Aakashvalli</i>	<i>Barbari</i>	
<i>Patanaga</i>	<i>Vandak</i>	<i>Saireyaka</i>	

Table No. 12: Mishraka Gana described in Sharadi Varga – Priya Nighantu

No.	Mishraka Gana	Content
1.	<i>Chaturushana</i>	<i>Pippali, Maricha, Shunthi, Pippalimoola</i>
2.	<i>Shadushana</i>	<i>Pippali, Pippalimoola, Chavya, Chitraka, Nagara, Maricha</i>
3.	<i>Saptoshana</i>	<i>Pippali, Pippalimoola, Chavya, Chitraka, Nagara, Maricha, Gajapippali</i>
4.	<i>Chaturbeeja</i>	<i>Methika, Chandrashura, Kalajaji, Yavanix</i>

Table No. 13: Detail of some drugs from Sharadi Varga – Priya Nighantu

No.	Sanskrit Name	Context
1.	<i>Ashwabala</i>	<i>Medicago sativa</i> Linn., Charaka mention this drug in Rasayana on the name of <i>Nari</i>
2.	<i>Silhaka</i>	<i>Liquidamber orientalis</i> , Nirryasa of this plant is known as <i>Shilarasa</i>
3.	<i>Turushka</i>	<i>Styrax officinale</i> , also known as <i>Pindalu</i>

4.	<i>Saireyaka</i>	4 types are given: 1) <i>Shweta Pushpa - Saireyaka</i> 2) <i>Pitta Pushpa - Kurunta</i> 3) <i>Rakta Pushpa - Kurubas</i> 4) <i>Neela Pushpa – Bana / Dasi</i>
5.	<i>Mushkaka</i>	2 types: 1) <i>Shweta</i> , 2) <i>Krishna</i>

5. KASTURYADI VARGA [5]

In *Kasturyadi Varga* 17 drugs are described. Out of which 16 are single drugs and 1 *Mishrakavarga – Panchagavya*. In this

Varga all mentioned drugs are animal origin. Acharya mentioned in detail about the properties of animal and sea products used in medicines.

Table No. 14: Drug described in *Kasturyadi Varga – Priya Nighantu*

<i>Kasturi</i>	<i>Nakha</i>	<i>Shukti</i>	<i>Shambooka</i>
<i>Laksha</i>	<i>Mayurpichha</i>	<i>Pravala</i>	<i>Samudraphena</i>
<i>Gandhamarjaraveerya</i>	<i>Ambar</i>	<i>Shankha</i>	<i>Kosha</i>
<i>Gorochana</i>	<i>Mukta</i>	<i>Varatika</i>	<i>Gomutra</i>

Table No. 15: *Mishraka Gana* described in *Kasturyadi Varga – Priya Nighantu*

No.	<i>Mishraka Gana</i>	Content
1.	<i>Panchagavya</i>	<i>Godugdha, Godadhi, Goghrita, Gomuta, Gomaya</i>

6. SUVARNADI VARGA [6]

In *Suvarnadi Varga* 36 drugs are described. Out of which 35 are single drugs and 1 *MishrakaVarga – Panchalavana*.

Table No. 16: Drug described in *Suvarnadi Varga – Priya Nighantu*

<i>Suvarna</i>	<i>Gairika</i>	<i>Trinakanta</i>	<i>Dugsdhapashana</i>
<i>Rajata</i>	<i>Shilajatu</i>	<i>Parada</i>	<i>Badarashma</i>
<i>Tamra</i>	<i>Abhraka</i>	<i>Hingula</i>	<i>Lavana</i>
<i>Vanga</i>	<i>Sauviranjana</i>	<i>Gandhaka</i>	<i>Saindhava</i>
<i>Naga</i>	<i>Makshika</i>	<i>Malla</i>	<i>Yavakshara</i>
<i>Yashada</i>	<i>Tuttha</i>	<i>Haritala</i>	<i>Tankana</i>
<i>Loha</i>	<i>Ratna</i>	<i>Manahshila</i>	<i>Sphatika</i>
<i>Madura</i>	<i>Haritashma</i>	<i>Churna</i>	<i>Soraka</i>

<i>Kashisha</i>	<i>Akika(Raktashma)</i>	<i>Godanti</i>	
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Table No. 17: Mishraka Gana described in Suvarnadi Varga – Priya Nighantu

No.	Mishraka Gana	Content
1.	<i>Panchalavana</i>	<i>Saindhava, Sauvarchala, Vida, Audbhida, Samudra</i>

7. SHAKA VARGA [7]

In *Shaka Varga* 54 *Shaka* drugs are described. Also gives description about *Shakaguna*, *Shakabheda* and *Shakasevanavidhi*.

Table No. 18: Vegetables described in Shaka Varga – Priya Nighantu

<i>Vastuka</i>	<i>Mulakapatra</i>	<i>Bimbi</i>	<i>Surana</i>
<i>Upodika</i>	<i>Putiha</i>	<i>Shimbi</i>	<i>Alooka</i>
<i>Marisha</i>	<i>Pushpagobhi</i>	<i>Shami</i>	<i>Aaluki</i>
<i>Palankya</i>	<i>Agatsyapushpa</i>	<i>Shobhanjanaphala</i>	<i>Sitaluka</i>
<i>Patragobhi</i>	<i>Shigrupushpa</i>	<i>Vartaka</i>	<i>Moolaka</i>
<i>Kalambika</i>	<i>Kumudapushpa</i>	<i>Dindisha</i>	<i>Garjara</i>
<i>Lonika</i>	<i>Kadalipushpa</i>	<i>Jivanti</i>	<i>Shalayam</i>
<i>Brihatlonika</i>	<i>Kovidarapushpa</i>	<i>Bhindika</i>	<i>Kebuka</i>
<i>Chanchuka</i>	<i>Shalmalipushpa</i>	<i>Mashashimbi</i>	<i>Kasheruka</i>
<i>Hilamochika</i>	<i>Patola</i>	<i>Gopashimbi</i>	<i>Shaluka-bisa</i>
<i>Chanakashaka</i>	<i>Alabu</i>	<i>Pittakushmanda</i>	<i>Mrinala</i>
<i>Satinashaka</i>	<i>Chichinda</i>	<i>Raktavrintaka</i>	<i>Aalukinala</i>
<i>Triputshaka</i>	<i>Mahakoshataki</i>	<i>Karkota</i>	<i>Chhatraka</i>
<i>Sarshapashaka</i>	<i>Koshataki</i>	<i>Karchari</i>	

Acharya mentioned in detail about *Shaka Guna* as it gives human *Lavana*, *Jala* and many *Jeevandharaka Tatva* (Vitamins etc.) *Shaka* is given as of 6 types based on part use, i.e., *Patra*, *Pushpa*, *Phala*, *Nala*, *Kanda*, *Sanswedaja*. Acharya also mentioned detail about *Shaka Sevana Vidhi* in which he described that to remain healthy one should use *Shaka* only after wash with clean water (*Shuchi*

Jalena Dhauta). One should not use *Paryushita* (stale food), *Kitadidushta* (infected with germs), *Jantumaladi jushta* (Infected with stool of bacteria etc.) In *Sanswedaja Shaka* he mentioned *Chatraka* (*Guchhi*- Mushroom).

8. PHALA VARGA [8]

In *Shaka Varga* 46 *Shaka* drugs are described. Also gives description of *Phala Samanyaguna* and *Phalabheda* and *Phalaguna*.

Table No. 19: Vegetables described in *Phala Varga* – Priya Nighantu

<i>Aamra</i>	<i>Tuda</i>	<i>Phalgu</i>	<i>Bhavya</i>
<i>Aamrataka</i>	<i>Kharjura</i>	<i>Aaruka</i>	<i>Badara</i>
<i>Koshamra</i>	<i>Vatada</i>	<i>Urumana</i>	<i>Karkati</i>
<i>Panasa</i>	<i>Seva</i>	<i>Bihi</i>	<i>Chirbhita</i>
<i>Lakucha</i>	<i>Tanka</i>	<i>Pishita</i>	<i>Kalinda</i>
<i>Naranga</i>	<i>Pilu</i>	<i>Nikochaka</i>	<i>Kharbuja</i>
<i>Ghonta</i>	<i>Akshota</i>	<i>Kajootaka</i>	<i>Tala</i>
<i>Priyala</i>	<i>Madhukarkati</i>	<i>Ananasa</i>	<i>Prachinaaamalaka</i>
<i>Rajadana</i>	<i>Jambira</i>	<i>Aamaruta</i>	<i>Lavali</i>
<i>Vikantaka</i>	<i>Nimbooka</i>	<i>Erandakarkati</i>	<i>Karmarda</i>
<i>Anklodya(Makhanna)</i>	<i>Karmaranga</i>	<i>Sitaphala</i>	
<i>Shringataka</i>	<i>Moshambi</i>	<i>Leechi</i>	

Table No. 20: Detail of some *Phala* from *Phala Varga* – Priya Nighantu

No.	<i>Sanskrit</i> Name	Context
1.	<i>Anklodya(Makhanna)</i>	<i>Euryale ferox</i> , Plant and seeds look like <i>Kamala</i> plant and <i>Kamala Beeja</i>
2.	<i>Lichi</i>	<i>Litchi chinensis</i>
3.	<i>Badara</i>	Depending on size it is of 3 types: 1) <i>Badara- Ziziphus mauritiana</i> 2) <i>Sauvira- Ziziphus jujuba</i> 3) <i>Karkandhu - Ziziphus nummularia</i>

9. MAMSAA VARGA [9]

In *Mamsa Varga* 6 *Mamsa* are described.

Table No. 21: Vegetables described in *Mamsa Varga* – Priya Nighantu

<i>Mamsa</i>	<i>Kukkutamamsa</i>	<i>Matsya</i>
<i>Chhagamamsa</i>	<i>Chataka</i>	<i>Andani</i>

Acharya mentioned Guna of *Mamsa* as it is *Mamsakara*, *Guru*, *Snigdha*, *Kaphavardhaka* *Balya*, *Vrishya* and *Brimhana* and useful in

Pakshaghatadi all *Vatavyadhis*. Also mentioned that *Mamsa* is *Mamsadhatukruta* and *Brimhane Paramshreshtha*.

10. DHANYA VARGA [10]

In *Dhanya Varga* 28 *Dhanya* are described. Also gives description of

Dhanyabheda and *Dhanyaguna*. Acharya mentioned that *Dhanya* is of three types *Shuka Dhanya*, *Shami Dhanya*, *Kshudra Dhanya*.

Table No. 22: Vegetables described in *Dhanya Varga* – Priya Nighantu

<i>Shali</i>	<i>Shyamaka</i>	<i>Varata</i>	<i>Aadhaki</i>
<i>Shashtika</i>	<i>Kodrava</i>	<i>Mudga</i>	<i>Chanaka</i>
<i>Yava</i>	<i>Gavedhuka</i>	<i>Masha</i>	<i>Satina</i>
<i>Godhuma</i>	<i>Nivara</i>	<i>Rajamasha</i>	<i>Kalaya</i>
<i>Madhulika</i>	<i>Yavnala</i>	<i>Rajshimbi</i>	<i>Atasi</i>
<i>Kangu</i>	<i>Vjranama</i>	<i>Makushthaka</i>	<i>Sarshapa</i>
<i>Chinaka</i>	<i>Mahakaya</i>	<i>Masura</i>	<i>Rajika</i>

11. KRITANNA VARGA [11]

In *Kritanna Varga* 47 medicinal recipes are described. In this *Varga* Acharya describes the *Guna* of new recipes of recent era i.e., *Rotika* (Roti), *Vishakuttama* (Biscuit), *Angarakarkati*, *Indarika* (Idali), *Adosha*

(Dosa), *Pupa* (Malpauva), *Apupa* (Pua), *Lapsika* (Lapasi), *Sevika* (Sevaiya), *Palala* (Tilakuta), *Pruthuka* (Chivda), *Kulmasha* (Ghughari), *Mantha* (Lassi), *Rasala* (Shrikhanda), *Shitodaka* (Sarbat), *Lavanakina* (Namkeena).

Table No. 23: Medicinal receipes described in *Kritanna Varga* – Priya Nighantu

<i>Yavagu</i>	<i>Vishkuttam</i>	<i>Vati</i>	<i>Laja</i>
<i>Manda</i>	<i>Angarkarkati</i>	<i>Kwathita</i>	<i>Pruthuka</i>
<i>Peya</i>	<i>Indarika</i>	<i>Poorika</i>	<i>Kulmasha</i>
<i>Vilepi</i>	<i>Adosha</i>	<i>Kachavati</i>	<i>Saktav</i>
<i>Yusha</i>	<i>Soopa</i>	<i>Ghritapoora</i>	<i>Mantha</i>
<i>Mudgayusha</i>	<i>Rajyakta</i>	<i>Sanyava</i>	<i>Rasala</i>
<i>Patolayusha</i>	<i>Rasam</i>	<i>Poopa-Apoopa</i>	<i>Sitodakapanaka</i>
<i>Odana</i>	<i>Leha</i>	<i>Kshirika</i>	<i>Chai</i>
<i>Pulava</i>	<i>Ragashadava</i>	<i>Sevika</i>	<i>Coffee</i>
<i>Krishara</i>	<i>Gudamra</i>	<i>Lapsika</i>	<i>Mishtanna</i>
<i>Rotika</i>	<i>Parpata</i>	<i>Palala</i>	<i>Lavankina</i>
<i>Padrotika</i>	<i>Vataka</i>	<i>Dhana</i>	

12. DRAVA VARGA [12]

In *Drava Varga* 22 types of liquids are described. Acharya describe about importance of *Jala*, *Guna* of *Shudhdha Jala* and *Guna* of *Antariksha Jala*, *Anshudaka*, Types of *Jala* – *Divya* and *Bhauma*, *Guna* of *Nadi Jala*, *Kupa Jala* and *Tadaga Jala*, *Ushna Jala*. Acharya

mentioned that in many condition *Sheeta Jala* should be used, i.e., *Pittavikara*, *Visha*, *Raktavikara*, *Madatyaya*, *Vidgdhajirna*, *Bhrama* and *Vamana*. Acharya also mentions the *Guna* of *Jala* which should not take.

Table No. 24: Liquids described in *Drava Varga* – Priya Nighantu

<i>Jala</i>	<i>Naridugdha</i>	<i>Taila</i>	<i>Madhu</i>
<i>Dugdha</i>	<i>Santanika-Kilata</i>	<i>Tilataila</i>	<i>Ikshu</i>
<i>Godugdha</i>	<i>Dadhi</i>	<i>Sarshapataila</i>	<i>Guda</i>
<i>Mahishadugdha</i>	<i>Takra</i>	<i>Madhya</i>	<i>Sita-sStopala</i>
<i>Ajadugdha</i>	<i>Navneeta</i>	<i>Kanjika</i>	
<i>Ushtradugdha</i>	<i>Ghrita</i>	<i>Shukta</i>	

13. DRAVYADI VARGA [13]

In *Dravyadi Varga*, Acharya Priyavat Sharma explain about basic concepts of *Dravyaguna*- *Dravya*, *Guna*, *Rasa*, *Vipaka*, *Veerya*, *Prabhava*. Also give description of many *Karma* – as *Deepana-Pachana*, *Anulomana*, *Bhedana*, *Grahi*, *Sangrahika*, *Krimighati*, *Sandhaneeya*, *Shamana*, *Shodhana*, *Vamana*, *Virechana*, *Shirovirechana*, *Chhedana*, *Lekhana*, *Rasayana*, *Vayasthapana*, *Vajikarana*, *Vrishya*, *Shukrashodhana*, *Shukrastambhana*, *Medhya*, *Madkari*, *Abhishyandi*, *Pramathi*, *Vyavayi*, *Vikashi*, *Brimhana*, *Langhana*, *Rukshana*, *Snehana*, *Swedanana* and *Stambhana*.

CONCLUSION:

Acharya Priyavat Sharma had done tremendous effort to simplified the *Nighantu*. In this *Nighantu* Acharya mentioned Latin name and Vernacular name for each drug and also

described Morphological characters, but thought it is of recent era *Nighantu* it is still had lacuna of photographs to identify the plant. Acharya also include some day-to-day recipes like biscuits, soups, papad, puffed rice recipes, etc. As described by Acharya Charaka in *Paradi Gunas*, which are *Chikitsa Upayogi Gunas*, these definitions might be regarded as *Chikista Upayogi Karmas*. It is simple to examine the medication and its pharmacological effects on the body using these *Guna* and *Karma*. An additional focus of the research is to conduct a critical analysis of the book using contemporary metrics.

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